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6th International CME

Workshop & conference on cost effective use of technology in eHealth care & 4th annual conference of SCEUTH

8-10th September 2016

Upcoming Conference CEUTEH 2016

AIIMS Nurses e-Newsletter

From the CNO's desk



Dear all,

At the outset I would like to thank the administration for opening an avenue to share the development within the nursing department with other team members of the AIIMS family.

“Unless we are making progress in our nursing every year, every month, every week, take my word for it we are going back”-Florence Nightingale.

Accomplishment of a long cherished dream is going to happen. Bringing out an e-news letter is a great stepping stone as a communication channel to motivate and inspire the nursing personnel. This endeavor will serve to reinforce and allow increased awareness, improved interaction and integration among all nurses. It will be a medium to provide proper acknowledgement and respect to the nursing family at the AIIMS. I am privileged and very happy to pen down few lines for the first edition of the e-news letter to the AIIMS hospital. I am endlessly proud of the way my nurses embraced and led the transition, serving as system design consultants and experts. Your contributions would create an impact in the minds of the readers, by way of providing larger visibility and dimension to nursing.

With immense joy and happiness once again I extend my best wishes and congratulate the team working hard for the accomplishment for the release of e-news letter.

Ms. Sarita Mehta
CNO, AIIMS

Editorial desk



Nursing is ever changing and enlarging its field of knowledge in the new era through technology development. Enhancing knowledge through skill development and education is another major change in the field of nursing.

On behalf of **Dr Deepak Agrawal , Chairman Computerization Committee** , my co-editor, & other team members are delighted to announce the publication of the inaugural issue of nurse's newsletter. You will be excited to notice every page of this e-newsletter speaks about the hard work, sweat and dedication that our team has put. It is a platform for acknowledging the efforts & appreciating the great achievements of nurses ,who have accomplished numerous milestones in field of Academics, research , literature and so on. We hope that the content will be informative and this new initiative will serve as a platform for nurses to disseminate their achievements in the field of nursing. A final note to finish this first editorial is that publishing this newsletter is recursive and continuous. We have already started working on the next issue and hope to offer more to read in our upcoming issues.

We hope this new initiative will become a vital communication tool to foster support and collaboration among the nursing fraternity at AIIMS.

Happy reading.

With best regards

The Editorial Team

Neetu Verma, NIS Coordinator

Teenu Xavier, NIS

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ACHIEVEMENTS OF NURSING INFORMATICS SPECIALISTS



In a major thrust towards computerisation in AIIMS, a new cadre of nurses, designated as NIS were formally created and posted w e f Feb 2011. The NIS cadre was for the first time created in the country and is inarguably one of the important reasons for the success of computerisation in the AIIMS. NIS staff is present in ED round the clock and ensure 100% compliance in the e MLC system, PDS (Patient display system), DDDS (Doctors duty display system) as well as CPRS (Computerised patient record system). They also collect compliance statistics in the wards and are the bridge between doctors, nurses & the IT team. Similar to the trauma centre model, each NIS in main AIIMS will be deployed on every floor of the main Hospital as well as in the centres (RPC,CNC, IRCH & Dental) and will be responsible for the wards on that floor. Additionally, one NIS will be posted in old private and new private block(s). Presently there are 80 NIS posted all over AIIMS

Major Highlight of computerisation in AIIMS is **online Appointment system** which simplified the journey of a patient in AIIMS. A team of NIS is playing active role on screening the patients at the Patient Reception Centre, managing and updating the appointment system according the requirement of different departments.

Another major initiative is **laboratory module** in e hospital which has got almost 90% of labs online. This facility made the life of all the health care professionals and patients easy by making the lab reports available at their footsteps. Interfacing of lab machines was also done which helped in reducing the workload of lab technicians



The whole process of **Admission, Discharge and Transfer** of patient in AIIMS made online involving nurses in wards and data entry operators in central admission counters. This helps in making the whole hospital census online. NIS is playing a major role here in giving training to staff and monitoring the proper functioning of the system.

The hospital **store inventory** is now online in which all medicine, surgical and stationary items are having the features like online stock entry, indenting and the utilisation per patient and an MIS of all the stock utilisation

The important project of last year was the Online education program “**e-Learning Program** “ which was mandatory for all nurses to complete the pre-test and post test of each modules like infection Control, GCS,CVP, Computerisation etc. The tutorial is also available which helps nurses to update the knowledge before attempting the test. Certificate is also provided for each nurse who completes the modules.

We also started a **e-newsletter** (monthly) for doctors ,nurses and paramedics which helps all the groups or community to be connected by getting the information of their colleagues and ongoing activities of their concern department

Other Applications running in AIIMS include Quality Assurance Module for academics, Biometrics, e MLC, Patient Display System, online duty roster, e vital entry , e blood bank, MSSO software, faculty dashboard, equipment management Dietary modules ,Laundry Module etc.

Vision : To have all the 100% online documentation of all clinical records and registers so as to remove the manual works .

Ms Metilda Robin
(Incharge,NIS,AIIMS)

RESEARCH CORNER



Study on *Video teaching program on management of colostomy :Evaluation of its impact on caregivers* done by Ms.Heena (sister grade II) working in NICUB is published in **Journal of Indian Association of Paediatric Surgeons volume-21, issue :2** . She has also presented the study in EUPSA(European Paediatric Surgeons Association's Annual Congress) held in Ljubljana Slovenia IN June 2015.

Video teaching program on management of colostomy: Evaluation of its impact on caregivers

Heena Dabas, Kamlesh Kumari Sharma, Poonam Joshi, Sandeep Agarwal

Department of Pediatric Surgery, College of Nursing, All India Institute of Medical Sciences (AIIMS), New Delhi, India

Address for correspondence: Ms. Heena Dabas, All India Institute of Medical Sciences (AIIMS), New Delhi, India.
E-mail: dabasheena9953@gmail.com

ABSTRACT

Context: Care of a child having colostomy has not been institutionalized for a long time for economic and administrative reasons. After stoma formation, stoma care has to be provided to the child by caregivers at home. Hence, caregivers need to be provided with ongoing education and support, commencing from preoperative teaching to discharge from the hospital and home care. **Aims:** The aims of this study were to develop video-based learning resource material and to evaluate its effectiveness in terms of knowledge.

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Quick Response Code:



A Feather to the crown: PhD



Manomy PA : Educational qualification : Bsc (Hons) Nursing from College of Nursing AIIMS (2008 - 2012 .)Msc Paediatric Nursing from college of nursing AIIMS (2013-2015).Work experience: Joined AIIMS as staff nurse on contract basis after Bsc Nursing (AIIMS)

from 1/8/2012 to 31/7/2013 in Neuro medicine ward. And joined back after Msc Nursing (AIIMS)

from 11/8/2015 to 11/2/2016 in Main Operation Theatre .She got selected for Phd nursing in AIIMS for the session from January 2016 and she is the first Phd student of CON,AIIMS.

Congratulations Manomy!!!



Article on management of Chemo toxins

An article on management of chemotoxins was published in the new year special edition of Manorama Aarogyam (January 2016) was contributed by Mr.Mathew Varghese . He is a registered Oncology Nurse working in IRCH ICU,AIIMS.

Special appreciation and accolades need to be extended to Mr. Mathew Varghese for his valuable contribution in 'The Dent Care Health Magazine (February 2016)' on "7 tips to fight against Cancer". This was a cancer day special article.



SUPERANUATION

Mrs Kamlesh Gogna - ANS

General Nursing and Midwifery from Lady Harding Hospital, New Delhi

Joined AIIMS in May 1983

Promoted as Sr Incharge in 1992 and ANS in 2010

Worked- in OT , Emergency ward, orthopedics ward, urology ward and Geriatric ward

Retirement – As an ANS

She is dedicated to patient care , upheld the integrity of Nursing profession and shown keen interest to subordinates.



Mrs Sunita Jamwal- ANS

General Nursing and Midwifery from Maulana Azad Medical College, New Delhi in 1977

Joined AIIMS in January 1984

Promoted as Sr Incharge in 2005 and ANS in 2011

Worked- in Medicine ward , Surgery ward , Pediatric wards and Emergency ward

Retirement – As an ANS

She is dedicated to patient care , upheld the integrity of Nursing profession and shown keen interest to subordinates.



LITERARY WORKS

मेरा प्रदेश

सबसे प्यारा मेरा प्रदेश
लहराते जहाँ सरसों के खेत
सोने जैसे गेहूँ की बाल,
सुन्दर सुन्दर आमों के गाल
गगन चूमते गन्ने के खेत
हरा भरा है इसका परिवेश
सुन्दर-२ नारी जहाँ,
लिपटी बदन पे साडी जहाँ
बोलो कहाँ से करूँ बखान
पड़ती छोटी मेरी जुबान ।
राम कृष्ण की जन्म स्थली
सीता भी थी यही फली
गंगा की निर्मल धारा
जहाँ यमुना का श्याम किनारा
यहाँ मुरली की मधुर -२ तान
बोलो मुझको इसका नाम
मंगल पाण्डेय का आक्रोश जहाँ पर
मनु की लहराती तलवार अंग्रजों का कर
गई संहार
बोलो कहाँ से करूँ बखान
पड़ती छोटी मेरी जुबान
इतना सुन्दर मेरा प्रदेश
सोचो कितना सुन्दर होगा ये देश ।
-सविता

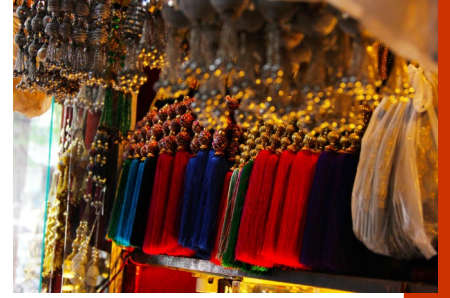


A picture is worth a thousand words



Mr. Vipin Krishan Chandu working as Staff nurse in AB7 KTP started a face-

book page "*Chandus Photography*" of his extraordinary photos



which includes glimpses of nature, colours of street through the angle of a photographer. The above photos are '*illusion of colours*' of Chandni Chowk and a view of sunset which he had captured in his lens.

Art is never finished ,only abandoned -Leonardo Da Vinci

Pencil drawing
In this picture left side glass is sketch and right side glass is original It's a 3d pencil sketching method .

Arun Prakash



I have been working with AIIMS since December 2006.

I have 10 years of experience. I am a very vivid and fun loving person, I was fascinated by the beauty of any kind like nature. My hobbies are painting and listening to music. I love to do life drawing in my leisure time. This mermaid drawing was made using mix media (water and pastel colours) on paper

Priyanka Rajput
Main OT



'Life is the art of drawing without an eraser.'



Anand Kumar HG working as a Sister Grd II in CTVS ICU A since 2014 . My hobbies are sketching , coin collection (numismatics), chalk piece carving and reading books. I love playing table Tennis . I was awarded the title “Mr CTVS ICU A “ on the occasion of Nurses Day.



मन की उड़ान

मन तो चाहता है कि आकाश को छूकर सितारों का निरीक्षण करके चाँद की सैर आती, परन्तु इतना साहस था हिम्मत कहाँ - जो मैं ऐसा कर पाती।

मन तो चाहता है कि सुमद्र की गहराइयों में समा जाती वहाँ के जीव जंतुओं से कुछ सीख पाती, शीतलता को सहन करने की शक्ति काश मुझमे आ जाती।

मन तो चाहता है कि वायु के झोंको की भांति मैं भी अपने लक्ष्य की ओर बढ़ती जाती तथा उनसे कुछ सिख पाती काश, की यह जीवन की बाधायें मुझे न रोक पाती।

मन तो चाहता है कि मैं अपने घर को स्वर्ग बना देती यदि कोई बाहर की दूषित वायु न इसे छू पाती। किन्तु इस प्रदुषण काल में ऐसी सुगंध कहाँ जो इस घर की महका देती।

रेखा खरयाल
ANS,HDCC



Hospital Quality Improvement - Nurses role

Quality Improvement (QI) projects were introduced recently in AIIMS. Being a part of the team, it gave me ample of opportunity to learn about the concept of QI initiatives to improve patient care.

As a nurse, what role do we have in improving quality of patient care?

Nurses are integral to hospitalized patient care. So, I think, we play a pivotal role in hospital efforts to improve quality. Yet, we face challenges with regard to our involvement in such initiatives which is so because of the scarcity of nursing manpower and lack of autonomy to the nursing department

nurses can be an asset in improving quality of patient care in a hospital because nurses are at various level from bed side to management . Besides ,nurses are the key care givers in hospital and can significantly influence the quality of care provided and ultimately the patient outcome.

Anyone interested in quality improvement in hospital, please visit www.ih.org

Dolma Yangchen
RPC



Brave hands who saved many lives

30th December 2015:

At around 9.30am fire alarm sounded and most of the staff were busy in our works. We heard a loud noise from vaccination room and fans were burning .I shouted loudly for help and asked the security to inform fire force. I also instructed to switch of the main mcvb.

The fire force didn't arrive and everyone was in panic. Then I took control over the ABC type fire cylinder. I could recollect that for electric fire liquids should not be used. I took ABC type cylinder and mask and entered the room and used the cylinder. The fire stopped for sometime and again it blew up .I continued using the cylinder and within few minutes fire subsided. People helped to open the ventilation and situation was under control within 15 minutes which helped in avoiding a huge disaster.

-Rani Kumari,Sister grade II
Mcu ward



Special Events- Organized by Dr. B.R.A. IRCH



17th National Oncology Conference was held from 5-7th November 2015 in collaboration with Oncology nurses Association of India (ONAI) Delhi Chapter

-Under Kaya – Kalp , infection control and in service education team along with hospital administration organized Public Health Lectures for patients and their relatives. Biomedical waste management and hand hygiene classes with demonstration for the health care providers such as Doctors, Nurses, Technicians (Lab,



O.T.,R.T. ,etc.), and for group D employees were organised. This continuous sessions was formally celebrated by “QUIZ FOR ALL” a sensitization programme with the help of all senior nurses and quiz master

Nileema Shingade



Nurses day Celebration at JPNATC - 12th May 2015

International Nurses Day is celebrated around the world every May 12, the anniversary of Florence Nightingale's birth. The Nursing Fraternity of JPN apex Trauma Centre celebrated the Nurses day of Year 2015 with a different initiative. They conducted health awareness programs in the form of street plays, role plays, PowerPoint presentations and poster presentation for patients and their relatives and the health tips , advice and the treatment measures they have to approach while any injury occurs were also illustrated.



To access the full content

please log on to <https://www.youtube.com/watch?v=OYhtE94v-cU>.

-Role play to enlighten the public on the impact of trauma on mental health and tips to deal with it, in a positive perspective by HIC Nurses



-Make India Clean': Talk on Significance of environmental hygiene by TC6 Nurses

Some glimpses from the role play by TC1 Ward staffs on the Significance of appropriate communication and etiquettes for ensuring quality treatment in hospital



-Creative performance by TC3 staffs on the significance of organ donation and the clarification of myths and taboos associated

with it

-Comprehensive talk on Injury prevention in children.-Ways to keep kids safe..

Motivational talk on blood donation and its virtues

-Significance of Personal hygiene and ways to ensure it by TC5 Nurses

-Comprehensive talk on First aid and transfer safety precautions by TC2 Nurses

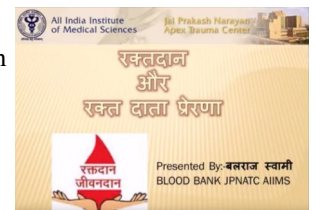
Ensuring Food Safety from farm to plate: An informative talk by TC7 Nurses.

**INJURY PREVENTION IN CHILDREN
KEEP KIDS SAFE**



-Awareness talk on the prevention of communicable diseases by TC4 Nurses.

-Health education on adverse effects of tobacco use by FOPD Nurses .



Women's Day Celebration



Going to NBT Women's Bike Rally on 13th March 2016 in Connaught Place was a symptom movement for us. Like many other clichés it is believed that riding a bike is a Guys thing , but time and women had proven that there's nothing that women cannot do. And a bike rally that is liberating gives the women of today a spirit.

So we made a strategy and went their in our traditional style i.e. (Marathi Culture). It was really very amazing time for us. We enjoyed a lot. Women bikers were in different traditional dresses. It was a memorable movement as this time Women Bike Rally is entering for (Limca Book of Records) . It was really a great time as Chief minister of Delhi Mr Arvind Kejriwal and many more celebrities came their to encourage us. We were ready to create the most memorable day of our life. So, we went their and participated in Women's Bike Rally to become the part of this Historical Journey.



**Sushma, Sister Grade -1
D7 Ward**

Nursing in-service education, Main AIIMS



Nursing service is an integral part of AIIMS, which aims at high quality nursing care to the patients and community. The professional nurses work in an environment that encourages professionalism and expertise in providing comprehensive patient care with the members of allied disciplines in the hospital.

Nursing staff education is carried out throughout the year by in-service and continuing education programs to update the clinical knowledge of practicing nurses thereby aiming at improving standard of nursing care at AIIMS

A well planned induction and orientation program was conducted by Nursing in- Service Education (NIE) Team, Infection Control Nurses (ICN) Team along with CMET for newly joined Grade-II staff nurses by designated nursing personnel to give an overview of the policies and functioning of the hospital in general and of nursing service department in particular.

Experts from nursing service along with nursing educators also conducted orientation/briefing sessions for visitors from various educational institutions across India.

Since January 2014 'National Program for Health Care of the Elderly (NPHCE), monthly workshop for nurses from main hospital been conducted with the great support from Department of Geriatrics. First workshop by Hospital Inservice Education unit was held in the month of March 2015, for the Nursing Administrators.

A total of 1498 nursing personnel attended Workshop/Conferences in the year 2014-2015 excluding Consultancy and participation as experts. Clinical teaching in all three wings (AB,C,D) initiated since January 2015 with an active participation of clinical nurses in each ward of AIIMS

Patron : Prof.D.K.Sharma, Medical Superintendent, **Facilitators:** Ms. Sarita Mehta, Chief Nursing Officer , Ms.Suman R Kashyap, Deputy Nursing Superintendent

Educators : Ms.Rebecca.J.Herald, Sister Grade I(HR),MSc (Psychiatric Nursing), :Ms.Jessy Shaji Paul, Sister Grade I, MSc(Pediatric Nursing), Ms.Poonam Anand, Sister Grade I, BSc (Hons) Nursing

Wound Care Surveillance Program-JPNATC

Wound care surveillance program started in Jai prakash Narayan Apex trauma centre, AIIMS since Janu-



ary 2011. The wound care guidelines have been developed by clinicians who are treating patients with wounds.

Wound care surveillance has published guidelines to help special care to patients at home after discharge from Hospital and health centers **Research paper presentation by Kamlesh Chandra Bairwa**

Pin site infection: our experience at level 1 trauma centre. Awarded 2nd prize
Poster Presentation
Pin site infection: our experience at level 1 trauma centre. Awarded 3rd prize
Deep v/s superficial wound culture Awarded 3rd prize

Fragility Fracture Liason services- JPNATC

A new stream of nursing practice, (Fragility Fracture Liason services) has been started under the department of orthopaedic in JPNATC from January 2016 The main objective of which is prevention of



- ✂ Osteoporosis, ✂ Fragility of the bones ,
- ✂ Recurrent fracture etc

By providing special care to geriatric patients as

- ✂ Life style modifications , ✂ Physiotherapy ,
- ✂ Dietary modification , ✂ Medications etc.

As this is the group of population which is prone for the fragile nature of bones which results in recurrent fracture thus utilize the resources of hospital again & again and secondarily have self care deficit due to age factor. So by helping this group of population we can save the resource of hospital as well as we also can help in the productivity of the country and at the same time we are also providing a chance to our senior citizens to spend a happy life which is our final motto. Initially two nursing staff are posted in it .

Sukhlal Jat

AWARDS AND ACCOLADES



Sr. Suman Luthra sister grade I presently working in private 3 RPC, received outstanding contribution award from the National Eye Bank on 26th August 2015 and also published article in DRDO Delhi on Vishva ki Pragati Main Viggyaan Ka Yogdaan (“Vigyan Aur Naitikta”).

Ms. Ashitha EB working as sister grade II in JPNATC won first prize for award paper presentation on “*Extubation reintubation protocol and role of nurses*” in annual conference of Delhi Neurological Association of India held in B.L Kapoor Hospital Delhi in January 2016. She has also won second prize for award paper presentation and third prize for elocution competition held in 64th Annual Conference of the Neurological Society of India (NSI), Hyderabad.



Mr. Bibinlal O working as sister grade II in CTVS won first prize for award paper presentation and e poster on ‘*Prevalent risk factors, awareness and health practices of the post hemorrhagic stroke patients*’ in annual conference of Delhi Neurological Association of India held in B.L Kapoor Hospital Delhi in January 2016.



Mrs. Aswathy working as Nurse Informatics Specialist in JPN Apex Trauma Centre won first prize for Poster presentation in Neuro trauma Conference -2015 held at NIM-HANS ,Banglore on the topic Proactive role of nurses in Extubation and Re-intubation and its documentation in Neuro-ICU and for the same topic she has won the first Prize in Annual Neuro Trauma Conference (ANTC-2015) held at AIIMS, New Delhi

Mrs. Jyothis George working as Nurse Informatics Specialist in JPN Apex Trauma Centre won first prize for Neuro Quiz Competition held in Neuro trauma Conference - 2015 held at NIM-HANS ,Banglore



Ms Metilda Robin and her team of nursing informatics specialist were appreciated for being the change champions to enable AIIMS Transformation.

FLORENCE NIGHTINGALE AWARDS



Mrs Suman R. Kashyap
1995- Completed B.Sc.(Post certificate) from College of Nursing AIIMS, New Delhi

2007 - Post Graduate diploma in Hospital and Health Management
2012 – MBA- Hospital Management .

Presently working as Deputy Nursing Supdt. in Emergency Department,

Florence Nightingale Award received in 2014

AIIMSONIANS OF AMERICA AWARD for the Best Community care Nursing- 2008

AIIMSONIANS OF AMERICA AWARD for the Best Staff Nurse- 2000



Ms Jecinta Gunjiyal,

Sister In charge , Infection Control, JPNATC
Qualification- Bsc Nursing

Florence Nightingale Award Received in 2011

Ms Neelam R.Lall

DoJ- 30th July 1982

Presently working as Assistant Nursing Superintendent , Surgical Oncology

Qualification- GNM in Nursing
Specialization in Oncology , pallia-



tive Nursing and Stoma Care
Awarded – WHO fellowship in Oncology Nursing 1983 , Manchester , UK
Florence Nightingale Award Received in 2015